

Silhouettes

Square & Compass Children's Clinic

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"Serving Tucson & Southern Arizona since 1947"



Joyful Jenna

Jenna is a portrait of a shining star lighting up the room with her brilliant smile. She's a delightful little girl with a wonderful personality who lives life to the fullest and spreads joy and cheer wherever she goes. Her mother describes her as a "hug dispenser" because she loves to give hugs. In fact, I myself, was privileged to receive a hug from Jenna.



Jenna is nine years old and is the only child to two wonderful parents who give her all the love and support she needs. She and her family are natives of Tucson. Jenna is a beautiful and happy child despite the complex health conditions she's had to face. Though she now weighs about 60 pounds, Jenna was born at 24 weeks weighing one and a half pounds. When she was eight months old, she was referred to Children's Clinics by her Pediatrician, Dr. Mary Gloudeas, at Orange Grove Pediatrics. She was diagnosed with Cerebral Palsy, also known as CP, along with hypotonia, oral aversion, and more recently, non-violent seizures.

CP is a neurological brain injury or malformation that occurs while the child's brain is still developing. It can affect body movement, muscle control or coordination, muscle tone, reflex, posture, and balance. Sometimes it can also impact fine motor skills, gross motor skills, and oral motor functioning. Hypotonia is a condition where muscles lose structure and tone and become resistant to movement and is usually a symptom of another underlying condition. Oral aversion is a reluctance to eat, drink, or accept any sensation in or around the mouth, which in Jenna's case, has required her to receive nutrition with the help of a G-Tube.

At Children's Clinics Jenna sees a Neurologist, Orthopedist, Ophthalmologist, GI Specialist, Genetics Specialist, Occupational Therapist, Physical Therapist, Speech Pathologist, and attends CP Clinic. Some of the equipment she uses daily are a walker, wheelchair, braces, a Speech program on her I-Pad, and an adaptive bike, which she loves to ride and has learned to pedal all by herself. In fact, Jenna was a recipient of an Amtryke Adaptive Bike through the clinic's Adaptive Recreation Program.

At three years old, Jenna attended preschool and now attends 4th grade. Her favorite subject is music. She likes to play drums in class and likes to sing in the car. Her favorite thing about school is her friends, especially her best friend. Jenna is very bashful at first but when she gets to know people becomes very outgoing. In fact, Jenna likes to go to work with her parents because she gets to meet lots of different people. She loves interacting with all people and kids. She will even go up to strangers and give them hugs. Jenna enjoys watching videos on her I-Pad, playing on her Leap Frog tablet, reading, coloring, and playing with all kinds of toys. She also loves Mickey Mouse, the Chuggingtons, and Thomas the Train. Her mom says there is nothing that makes her sad or upset.

When asked, Jenna's mother commented that all she wanted for Jenna was for her to be happy with whatever she does in life. She also commented that they are very happy and appreciative of everyone at the Clinic as well as with all the support they are receiving here. It was a pleasure to have the opportunity to interview such a delightful child as Jenna; she is a perfect picture of a happy child. It's donors like you who contribute to Square & Compass Children's Clinic that make it possible for children like Jenna and her family to be able to have the means of acquiring the costly equipment and services necessary for their health and well-being; and for that, we whole heartedly thank you.



Staff Spotlight

Anna
PEREIRA

Child Life Specialist & Volunteer Coordinator



Anna is Children's Clinics Child Life Specialist/Volunteer Coordinator, who came to us in July of 2015. She was born in Tucson and at four years old moved with her family to San Diego then to Los Angeles.

Anna resides in Tucson with her husband and two children. Her son, who is 7 years old attends a private school for children with Autism, and her daughter, who is 3 years old attends preschool. They are both full of energy, love the outdoors, and keep her extremely busy. Between caring for her family and her dedication to her job, Anna finds very little time for herself, but when she does she enjoys crafting, card making, stamping, jewelry making, and quilting.

Anna graduated with a Bachelor's degree as a Child Life Specialist, at Brigham Young University in Utah. She usually worked in hospitals mainly helping out with procedures. However, she also worked in recreation therapy, skilled nursing, as a group home advocate, with youth at risk, and in a pediatric palliative care facility. Anna commented that one of her most impressionable jobs was working as a Child Life Specialist at the Shriners Hospital in LA from 2006 to 2011. She really enjoyed working where there was a diversity of cultures and backgrounds. She learned a lot about the different cultures and got to see a lot of celebrities there. Anna said it was nice to see kids get well from elective surgeries and she got to experience their accomplishments first hand. Another thing she really liked about the Shriners

Hospital was being around other Child Life Specialists and being able to bounce ideas back and forth with others with the same career backgrounds.

Anna's dedication to her job and career as a Child Life Specialist is driven by her enthusiasm and inspiration for the children that come to Children's Clinics. She believes in the comfort care initiative that is encouraged here at the clinic, where the staff does everything possible to provide the most comfortable hold to eliminate pain and fear as much as possible when children are experiencing tough medical procedures. Though the clinic's volunteer program is very active, as a Volunteer Coordinator, Anna's goal is to enhance the volunteer program even more and to encourage community involvement with the Children's Clinics.

Anna wears many hats and everything she does to provide care, comfort, and happiness to the children coming to the clinic is evident of the love she holds for them. It is very clear to see that Anna is a huge asset to the Children's Clinics and to the children who are patients at the Square & Compass Building.

Children's Clinics HOLIDAY ADOPT-A-FAMILY

2017

Every year, the staff and volunteers at Children's Clinics work hard to offer *hope* and *joy* to families of children with special healthcare needs.

During the holiday season, we strive to give our families the special holiday experience they deserve by providing the opportunity for our kids to make *memories*.

Whether you can "adopt" an entire family by giving toys and outfits to children in need, or you can make a financial contribution to support our "Holiday Toy Days", your gift is truly appreciated!

**PLEASE
Consider helping our kids TODAY
With this important effort!**

However you choose to give, please know that your own holiday season will be brighter knowing that you have helped make another family's holiday experience so special.

To give now, or for more information, please contact us at (520)324-3864, or email us at: secretary@squareandcompassclinic.com. You may also mail your contribution back to us or drop off your gifts by Friday, December 8th at our Clinic: 2600 N. Wyatt Dr., Tucson, AZ 85712.

Thank you so much for your support!



Danitza with Santa, Mrs. Claus & Lead Elf



There are Many Ways to Help!

Adopt-A-Family

Either purchase gifts yourself, or make a contribution and Children's Clinics staff will shop for you! To provide gifts yourself, please contact us for specific information about the family you will be adopting!

Family of 3 = \$150 Donation

Family of 4 = \$250 Donation

Family of 5 = \$325 Donation

Family of 6 = \$400 Donation

Provide Gifts for 1 Child

Please see gift ideas below.

Make a Financial Contribution

You can give any amount and ALL donations will be used for the purchase of gifts or treats for our kids!

Gift Ideas!

Ages 0-6: Building blocks • Coloring books • Toy trucks • Musical toys • Large piece puzzles

Ages 7-11: Sports equipment (Balls) • Puzzles & Crafts • Remote control cars • Play makeup • drawing sets

Ages 12-15: Costume jewelry • headphones • hair straighteners • Makeup • Wallets

THANK YOU!

As supporters of Square & Compass Children's Clinic **you** play a significant role in improving the health and lives of **thousands** of children.

In 2016, there were over **32,000** patient visits in the following clinics:

Audiology	Occupational Therapy
Baclophen Pump	Ophthalmology
Behavioral Health	Optometry
Cardiology	Oral-Maxillary
Cerebral Palsy	Orthodontia
Dental	Orthopedics
Dermatology	Osteogenesis Imperfecta
Developmental Pediatrics	Pediatric Palliative Care
Down Syndrome	Pediatric Surgery
Endocrinology	Pediatrics
Ear, Nose, & Throat	Physical Therapy
Feeding	Plastic Surgery
Gastroenterology	Primary Care
Genetics	Rheumatology
Metabolic	Sickle Cell
Myelomeningocele (Child & Teen)	Sleep Disorders
Nephrology	Spasticity
Neuro-surgery	Speech Therapy
Neuro-epilepsy	Spinal Cord
Neurocutaneous	Upper Extremity
Neurology	Urology
Neuromuscular	Wheelchair
Nutrition	

In addition, we support Children's Clinics' ancillary services for patients and their families:

Child Life Specialist	Patient & Family Services
Educational Support	
On-site Radiology & Lab	Pet Therapy
	RN Coordinators

A Message from the Executive Director

Dear Friends,

This year marks our 70th Anniversary of serving children with complex medical conditions in Southern Arizona. We are sincerely grateful to - YOU - our loyal donors for making this possible. Square & Compass continues to provide families in Southern Arizona with an exceptional facility, to receive care, for children with the most complex health care needs. It gives us great pride to know that Square & Compass's original vision of caring for medically challenged children, has not changed in all those years.

Our founders' vision began in a small playhouse with one clear mission in mind: to provide rehabilitation services for children. We have honored that mission, for 70 years, by adapting to meet the current needs of the clinic's patients, whenever possible. Square & Compass, with the help of faithful donors, is able to provide a state-of-the-art facility while lessening the burden on families struggling with unique and complex healthcare needs.

Please consider contributing to the clinic's Holiday event detailed inside this issue so that, with your help, we can make the Holidays special for the children we serve. Also, you can help lessen the financial burden on these families by making a tax-deductible donation to the Square & Compass Children's Clinic today. Another way to help is by making a bequest to Square & Compass Children's Clinic in your will so that together we can continue to provide aid to children for many more years to come. We greatly appreciate your support. It makes our mission possible and allows us to continue to assist children in our community.

With Gratitude,

Amy Burke
Executive Director

Square & Compass Children's Clinic, Inc.

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Doreen Santos – Editor